



How Can I Work on Hepatitis C Treatment?

March 7, 2014

On the new drugs for hepatitis C there are fewer side effects, but no matter how long you are on treatment like Sovaldi (sofosbuvir), you may wonder if you can continue to work. Deciding to tell your boss, getting help from family and friends, and having a plan are important. My top advice is to eat food that is good for your liver and get rest. Your sleep pattern may get messed up, and you might be too tired to grocery shop. Your best shot at getting rid of the virus is ahead of you. Put everything else aside. Eat, sleep, and work. I got a little goofy at the end, but I'm going to post this for my best friends.

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