I have cirrhosis and high blood pressure. I started taking aspirin every day to prevent a stroke. Is this safe?

January 23, 2018 By Lucinda K. Porter RN

Taking daily aspirin should only be done under medical advice. Cirrhosis impairs the blood's ability to clot, and so does aspirin. When you have cirrhosis, the vessels in your stomach and esophagus can easily rupture, and if your blood doesn't clot quickly, you can hemorrhage.

Recommendations regarding the use of daily aspirin for stroke and heart attack prevention were revised in 2016, and are regularly updated. Talk to your medical provider about the latest U.S. Prevention Services Task Force guidelines.

© 2026 Smart + Strong All Rights Reserved.

http://beta.docker.hepmag.com/article/cirrhosis-high-blood-pressure-started-taking-aspirin-every-day-prevent-stroke-safe