Does having hepatitis C increase your risk of heart disease?

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Experts think so, but don’t know for sure. Many studies show that people with hepatitis C have higher rates of heart disease and strokes. However, an association between hepatitis C and cardiovascular disease doesn’t prove that the virus causes the heart disease. Also, there are inconsistencies in the research.

Studies also show that when people successfully respond to hepatitis C treatment, their risk for stroke and heart disease decreases. Although this suggests that hepatitis C has an effect on heart health, the studies aren’t 100 percent sure.

Although the research isn’t entirely conclusive, taking care of your heart is always a good idea. February is American Heart Month, and a perfect time to learn more about cardiovascular disease.

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http://beta.docker.hepmag.com/article/hepatitis-c-increase-risk-heart-disease