10 Ways that You Cannot Get Hepatitis C

January 12, 2016 By Karen Hoyt

Karen Hoyt is a blogger who has a story about hepatitis C, cirrhosis, end-stage liver disease, liver cancer, and liver transplantation. This excerpt first appeared on Karen's I Help C blog, December 11, 2015

I'm throwing it down. I just read an email from a poor woman who's husband was flipping out because they discovered that she had Hepatitis C. He went on this militant housekeeping regime that had everyone wearing face masks and keeping a hand sanitizer on their belt loops. Give me a break.
When she went on to say that he felt like maybe the kids should spend more time with relatives while she was treating, I was like, "OK. That sounds better." Then she explained that he was afraid it would have an effect on the kids. Like she might pass it on to them. Stop it right there. I feel my blood pressure rising just thinking about it. Deep breath.
So he tells her to stop cooking because it would "infect" the kitchen, I was thinking that might be to her advantage, you know? Hey, if he's willing to cook, I'm all for it! But wait til you hear what happened next. He went to sleep on the couch and cut her off sexually. Hold on. I'm done.
Get ready for the 10 ways that you cannot get Hepatitis C. Let me start by saying that the virus is blood borne. It cannot be spread any other way than blood to blood contact. The blood in their vein has to get in an open wound on your body...*To read the rest of Karen's blog, "10 Ways that You Cannot Get Hepatitis C," click here.*

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