Being Broken by Hepatitis C

May 24, 2013 By Lucinda K. Porter RN

Defeat may serve as well as victory to shake the soul and let the glory out. ~Edwin Markham

Having hepatitis C feels like being broken, like something is damaged beyond repair. Although being broken feels painful, it has the potential for glory. The chick must break the shell in order to be born; membranes must be ripped for a baby to emerge. Ground is broken so a home may be built; bread must be broken in order to be shared.

Hepatitis C broke me wide open. At first, it hurt, particularly from the sharp pain of fear lapping at the edges of my wounds. But slowly I began to heal, first my fear, then my heart, and then my whole being. I became healthier than I had ever been, and now I live in victory and gratitude. Hepatitis C broke me wide open so I could live better.

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http://beta.docker.hepmag.com/blog/being-broken-by-hepa