



# The Best Hepatitis C Treatment

December 20, 2018 By [Greg Jefferys](#)

---

What is the best Hepatitis C Treatment?

Every day I get emails from people around the world asking for advice about Hepatitis C treatment. They are asking about which medicine they should get and what price they should pay and how long they should do the Hepatitis C treatment for.

Now I am not a doctor and have no formal medical training but I have lived and breathed Hepatitis C seven days a week 365 days a year since 2014 when I first learned that I was infected with Hepatitis C.

Whilst I am not a medical man I do, however, have a Bachelor of Arts degree, a Diploma in Education and a Masters Degree in History and I was 6 months into my PhD when I learned I had Hep C. So I am no dummy and I am quite capable of doing serious formal research.

So in this post I am going to show you which is the best, and most affordable, Hepatitis C treatment based on the results of solid scientific research done by many different internationally recognised research groups.

And I am going to say now that the best value all round Hep C treatment is Sofosbuvir 400 mg + Daclatasvir 60. In almost every situation, for every genotype Sofosbuvir + Daclatasvir is equal to, or better than, Epclusa, Maviret or Harvoni and it is also the least expensive at US\$550 for a 12 weeks treatment.

## Background

In 2014 I was six months into my PhD at the University of Tasmania when I suddenly became very, very sick. To cut a long story short I discovered that I had Hepatitis C.

Back in 2014 the only treatment option I could access was Sovaldi, but it was more than \$100,000 for a treatment, which I did not have. So in May 2015 I went to India and purchased generic Sovaldi and I treated myself with a combination of Sovaldi (Sofosbuvir 400 mg) + Ribavirin. Three months later I was cured.

Later that year generic Harvoni became available and then generic Daclatasvir and then generic Epclusa. Then Mavyret arrived on the scene.

With the availability of so many new treatments, and with the drug companies spending vast fortunes on advertising it became hard to decide which Hepatitis C treatment was actually the

best.

[Click here](#) to read the rest of Greg's blog, including graphs from various studies that show how the different drug combinations perform against the different Hepatitis C genotypes. Greg suggests you look through them yourself and make up your own mind.

---

© 2026 Smart + Strong All Rights Reserved.

<http://beta.docker.hepmag.com/blog/best-hepatitis-c-treatment>