



I'm No Better Than You

December 27, 2017 By [Karen Hoyt](#)

Karen Hoyt is a blogger who has a story about hepatitis C, cirrhosis, end-stage liver disease, liver cancer, and liver transplantation. This excerpt first appeared on Karen's [I Help C blog](#).

Some people think I've got it all the answers - that everything goes perfect for me. There is this blog thingy that I have somehow managed to keep alive (and award winning) through liver failure, treatments, chemo stuff, and - ta-da - a liver transplant. I was a sick person with questions. Then I learned to be a patient who got answers. They came from online sites, doctors, nurses, fb and other internet forums. Some of my most incredible insights I gained were in spite of brain fog from hepatic encephalopathy. Still, I'm no better than you.

We are all searching for happiness. We think it's elusive or outside of ourselves: in money, health, or other people. Experiencing pleasure is kind of "at the top" of our list every day. When we're sick, it's plain ole Not Fun. One thing I can say though, is that I have fun every day. If not, I would have quit fighting for this fatigued, Hep C Virus, achey, pill popping life that I'm living. I can hear you saying, "Same! Me too!" and this blog is for you, sweetie.

You've got everything it takes to make your life what you want it to be.

[Click here](#) to see what Karen looks like with a watermelon on her head, and to read the rest of this blog, including Karen's thoughts on money, health, and connections.

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