Completing Hep C Treatment

November 9, 2016 By Connie M. Welch

You're completing Hep C Treatment. The final countdown begins. You see the finish line in site. You're so close to crossing the finish line, making it to the summit and waving the Hep C victory flag.

It's a major accomplishment to complete Hep C Treatment and go through the long haul. You may be surrounded by a team of support or it could be just you and the family dog, but inside you're dancing a jig. You have fought like a warrior.

The last leg of the Hep C treatment journey can be a challenge. My doctor's nurse told me normally the last few weeks can be the hardest because you know you're almost there. That proved to be true for me. Here's a snippet from my Hep C treatment journal as my countdown to completing Hep C treatment began.

"I'm at the last leg of climbing the treatment mountain. My energy spurt I recently enjoyed took a nose dive and I've had low fever, muscle aches for several days. I've also had some trouble sleeping and stomach upset. Thank God that has passed!

I think my body is telling me, "Girl, you're almost out of gas." I may have to crawl up to the top of the mountain to finish, but I will get there. Once treatment is over, then the descent down the mountain begins with recovery.

I was pondering about getting back to 'normal.' Normal, hum. . . what does that feel like again? When you've felt bad and in treatment for a long time (mine for 24 weeks) you start to wonder if you'll ever feel 'normal' again.

For me, I'm looking forward to getting to the top of the mountain and completing Hep C treatment. This I know, I'll never take a moment for granted. I'll never look at life the same way again. Going through something like Hep C can change a person, hopefully for the better. Can you relate?

Click here to read the rest of this blog and watch an inspiring video that inspired Connie.

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