Day 07 - Making Films and Feeling Side Effects

February 18, 2013 By Gemma Peppe

When I did my last treatment I made a film called *Louie, Me and Hepatitis C*. I'm making another film this time. Like Louie, Me and Hepatitis C it isn't just about my treatment but about what is currently happening in the hep C environment. We'll talk to consultants, policy makers and of course people who have hep C. I'm particularly interested in hearing from people who have been diagnosed by chance.

We are currently making a promo in order to get funding. Yesterday we went to Sadie Frost's house to film her talking about her father's story. Sadie's father died of hepatitis C because he was diagnosed too late to get treatment and couldn't get a liver transplant in time. Sadie's been campaigning with the Hepatitis C Trust ever since.

We also filmed my boss Charles Gore at TheTrust.

When the promo is ready I'll post it on here. In the meantime regarding symptoms, I feel irritated quickly, I'm having problems getting off to sleep and last night staying asleep. I was wide awake at 5 this morning which is unheard of for me. In bed it feels like I've got restless leg syndrome all over my body. However, these side effects are minimal and don't stop me from working, exercising or doing anything. I do get more tired in the evening though, but I don't mind that.

The picture is my walk to work this morning by the way.

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