Day 47 - Sweet Smelling Birthdays

March 30, 2013 By Gemma Peppe

Yesterday was my birthday. I came down to my folks to celebrate and to be here for Easter. I've got a huge family. With even just half of us here the place is full.

I definitely feel different. I'm doing more yoga, walking more and I have more motivation. At the same time I can feel the drugs pulling me the other way, making me feel weak, a bit breathless and tired.

At this point if I'm not on the placebo (which I don't think I am) I must be clear.

I know getting back to full health isn't instantaneous but surely not having the virus for the 1st time in 25 years is going to make me feel different. I am very hopeful.

Not one person has relapsed from Louie's trial. I make plans for the future while I sit on my yoga mat in my post-practice bliss. Anything is possible if you have your health.By the way any, if you bump into me in the near future you should take a good long smell of me. You'll be pleased you did. For my birthday I was given goodies from The White Company, Diptyque and from Louie a bottle of Chanel.

PS Louie just advised that if anyone stopped me in the street to smell me they might be taking their life in their hands.

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