




Day 47 - Sweet Smelling Birthdays

March 30, 2013 By [Gemma Peppe](#)

Yesterday was my birthday. I came down to my folks to celebrate and to be here for Easter. I've  got a huge family. With even just half of us here the place is full.

I definitely feel different. I'm doing more yoga, walking more and I have more motivation. At the same time I can feel the drugs pulling me the other way, making me feel weak, a bit breathless and tired.

At this point if I'm not on the placebo (which I don't think I am) I must be clear.

I know getting back to full health isn't instantaneous but surely not having the virus for the 1st time in 25 years is going to make me feel different. I am very hopeful.

Not one person has relapsed from Louie's trial. I make plans for the future while I sit on my yoga mat in my post-practice bliss. Anything is possible if you have your health. By the way any, if you bump into me in the near future you should take a good long smell of me. You'll be pleased you did. For my birthday I was given goodies from The White Company, Diptyque and from Louie a bottle of Chanel.

PS Louie just advised that if anyone stopped me in the street to smell me they might be taking their life in their hands.

This entry was originally published [March 30, 2013](#) on The Hepatitis C Trust. Reprinted with permission.

© 2026 Smart + Strong All Rights Reserved.

<http://beta.docker.hepmag.com/blog/day-47-march-30-2013>