Day 133 - Good Moods and Weight Gain

June 23, 2013 By Gemma Peppe

Everybody says I look really well. It's the first thing they say when they see me. Even I can tell I look better, although I've put all the weight back on that I lost in Ibiza. When I tell people how much weight I've put on, they nod silently. I should stop fishing for someone to say I haven't.

I'm just back from a few days at my parents. I decided to go there for a few days last week, as I'd hit a bit of a wall. I was exhausted and down and I needed to recharge. I spent five days there and I feel like a different person now. Louie came to fetch me from the car to carry my bag up to the flat. First he said *you look well.* Followed by *and you are in a good mood!* I don't think I've been much fun recently.

The pictures are from my parent's house and garden.

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