Facing the “What If’s” with Hep C

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Hep C Warrior, J.D. Worley shared an incredible nugget that shed a new light on how to handle fear and the ‘what if’s’ we can face with Hep C.

“A comment on the what if’s, a friend of mine shared what a pastor had told him, the word IF is really an acronym I.F. which stands for I Fear. So What IF stands for What I Fear.

Being human it is hard to resist the what if’s. I know I have had more than my share of sleepless nights dealing with the What IF’s. So I know it’s difficult but as I learned slowly, God is able and he does not want me to Fear at all. I became more at peace with my circumstances whatever they may be.”

As J.D. pointed back to God’s Word and reminds us there is no place we can go that God is not already there.

“Where can I go from your Spirit? Where can I flee from your presence? If I go up to the heavens, you are there; if I make my bed in the depths, you are there.” Psalm 139:7-8 NIV

“Though I walk in the midst of trouble, you preserve my life.” Psalm 138:7

Jesus said, “Don’t be afraid,” he said. “Take Courage. I am here.” Matthew 14:27 NLT

“Be self-controlled and alert. Your enemy the devil prowls around like a roaring lion looking for someone to devour. Resist him, standing firm in the faith.” 1 Peter 5:8-9 NIV

No matter how big the “what if’s” are with Hep C, it is not bigger than Christ. For He has already gone ahead of us in our circumstances to prepare every detail. He is with us every step of the journey to get us through, no matter what. He just asks us to take His hand and trust, and move forward in faith and courage. “Be strong in the Lord and in his mighty power.” Ephesians 6:10

Look over the shoulder of the bully of the “what if” in your life, and see Jesus.

Jesus is the same God who moved the stone with resurrection power. He’s reigns over the What If’s and He still moves stones today.

The Lord himself goes before you and will be with you; he will never leave you nor forsake you. Do not be afraid; do not be discouraged. Deuteronomy 31:8

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