Fighting Hepatitis C: Strength for the Journey

May 13, 2013 By Connie M. Welch

No matter where you are in Fighting Hepatitis C, there is strength for the journey. There is hope. Even if your faith is small you can grab hold of God's mighty hand and He will lift you up and carry you.

You can rely on God's strength, not your own, to help you in ways beyond what you can imagine. We see a relatable story in the Bible, 1 Kings 19, where the prophet Elijah who had such strong faith in God, turned from relying on God to his own strength and became afraid, weary and give out to the point of death.

In verse 3, Elijah was so afraid he ran for his life, he went a long journey into the desert until he was give out and said, "I have had enough Lord, take my life." Have you ever been there? In your fight with Hepatitis C, Can you relate to "I have had enough Lord"?If your weary, worn out and feel like you've come to meet your end, take heart. The Lord is here to strengthen you and provide what you need to go further than you ever thought possible.

Elijah was ministered to by an angel of the Lord, who encouraged him with nourishment and the Lord's presence. Strengthen and fortified, Elijah went on to the mountain of God and accomplished great things. You can too! If he had given up, and give in to discouragement, fear, depleted in his own strength, he would have missed out on the greatest blessing.

When we rely on our strength and power, we can easily be taken over by weariness, fear, dread, you name it, the waves can come crashing down and pull us under. But the Lord comes to our aid and says the same to us as he did to Elijah, "Get up and eat, for the journey is to too much for you." God's nourishment is more than just physical food, it's taking in God's provision, His word, His spirit, turning to God through prayer to fortify us for the journey. Will you rise up today and take His hand?

Isaiah 40:10,
"So, do not fear, for I am with you; do not be dismayed, for I am your God. I will strengthen you with my righteous right hand."

Our special scripture this week: And Philippians 4:13 "I can do all things through Christ who gives me strength."

Allow the Lord to nourish you today and rely on His great strength for the journey. He will take you further than you imagine. For He will carry you. Our featured song this week is, "He will Carry Me," by Mark Shultz. Be nourished fellow warriors. You are not on this journey alone.

Can you relate to Elijah’s story? Have you ever felt like saying, “I have had enough!”?

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