Hangover with Cirrhosis after Ablation

April 22, 2015 By Karen Hoyt

Karen Hoyt is a blogger who has a story about hepatitis C, cirrhosis, end-stage liver disease, and liver cancer. Karen had a liver transplant on April 13, 2105. This excerpt is from the blog about her ablation prior to transplantation, and appeared on Karen's I Help C blog, April 9 2015.

This is another one of those blogs that might not make a lot of sense. However, I have found that when I experience something and write about it, so many of you have gone through the same thing. We are not alone. I'm not waiting for my brain to clear up to post a blog. That may take some time...I think I have an anesthesia hangover with cirrhosis after ablation.

I never was a drinker. My dad drank and mama told me that it ran in the family. That scared me into never really trying it. I had some cheap Boone's Farm one summer and didn't enjoy the experience of passing out and barely remembering anything. I'm not even sure if I had a hangover back then, but the symptoms I have this week sure follow suit.

- Weakness and fatigue
- Shaky and dizzy
- Sleepy
- Confused
- Nauseated

The procedure was simple enough. The radiation oncologist comes in and injects ethanol alcohol on the tumor. Tumors come in all shapes and sizes. This one started out kind of round, but after the TACE Procedure, it came back in pieces around the old dead tissue. Usually the ultrasound technologist guides the doctor as he goes in and aims the needle at the tumor. Except now it was now it 2 places - kind of. In other words, they couldn't see it all.

In cases like this, they move you into a CAT scan machine so that they can get a better view. The contrast dye helps to highlight the tumor. They did a second needle stick so I was under a bit longer than anticipated and can't help but wonder if that led to a little hangover. BTW - the needle is so small that the pain is minimal and even with my low platelets there was no bruising.

When you have medication with end stage liver disease it is not easy for you to filter it. I think that stuff just circulates in our body and brain for days. I have tried a few things to try and get my body cleared out again.

- Drink lots of water
- Walk as much as possible
- Do easy baby yoga poses
- I have NOT used pain meds because I was afraid it would extend the hangover. It’s not such a bad deal. We are keeping the tumor small and I’m waiting for a transplant!

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http://beta.docker.hepmag.com/blog/hangover-with-cirrho