Hep C Treatment Recovery; Whom Shall I Fear

July 20, 2016 By Connie M. Welch

I remember after right my treatment people would tell me, “you don’t look sick,” or “I thought you’d be over that by now.” Let’s just add those statements to the list of what not to tell patients when they have Hep C or in treatment or recovery. But giving grace to others is always best no matter what the circumstances.

As I look back on my own Hep C treatment recovery I thought I would share a snippet from my Hep C Treatment & Recovery journal.

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Week 9, November 26, 2012

Today marks 9 weeks of post treatment for Hep C. In 9 weeks I’ve gone from extremely weak to slowly building back my energy. Some days I feel like the energizer bunny and some days my battery runs low. But more days than not I feel good, healthy and blessed beyond measure.

I have received 5 Non-Detected Virus load counts since I began Hep C treatment. Many people ask me, “Is Hep C gone? Are you cured? Will it ever come back?” These are important questions. What I know at this point in my recovery is the Hep C virus is no longer detected in my body. I will be continue physician check up’s and blood work every 3 months for a while until my physician gives me an “all clear or cured” diagnosis.

My assurance and faith will continue to reply on God in every step. I choose NOT to live in fear, not because of medical science but because my God is bigger than anything that could come against His plan for me. I choose NOT to live in fear because I don’t have to. Fear and worry do not add anything to life, rather they rob you of it.

I love the song my Chris Tomlin, “Who shall I Fear.” This song echo’s God’s Word. As Hepatitis C Survivors and Conquers and God’s children, we don’t have to live in the shadows of doubt, dread or fear. This is a battle anthem for Hep C Warriors.

Choose today to walk in freedom. I will not live my life as a victim, nor a captive, nor enslaved. I encourage you to listen to this song, listen intently with your heart open and your eyes closed. Listen, and listen again. Sing along and offer this as your prayer to the Lord. Talk to Him, He’s

listening!

“It is for freedom that Christ has set us free. Stand firm then and do not allow yourselves to be burdened again by a yoke of slavery.” Galatians 5:1

This scripture is clearly referencing the slavery of sin, but it also relates to anything that tries to bind us up, burdening us with fear, worry.

“For God did not give us a spirit of fear but of power, and of love and a sound mind.” 2 Timothy 1:7 NKJV

We can say with assurance, “The Lord is my light and my salvation—whom shall I fear? The Lord is my stronghold of my life—of whom shall I be afraid?” Psalm 27:1

No matter what you are faced with today, the God of Angel Armies is standing in front of you. Never doubt it. He is faithful.

Worry does not empty tomorrow of its sorrow, it empties today of strength.—Corrie Ten Boom

As I write this, I am celebrating 4 years of being cured from Hep C. Life, well it never went back to my old normal, it got better!

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