Hep C Victories through the Journey

March 9, 2016 By Connie M. Welch

Victories and miracles come in all shapes and sizes. Hep C victories are something worth celebrating. In my recent annual checkup with my Hepatologist, we talked about my long journey with Hep C which lasted over 20 years and 3 treatments before I received the cure from Hep C.

It was music to my ears to hear my new Hep C diagnosis, HISTORY of positive Hepatitis C. Let me take that in one more time, HISTORY. Next to CURED, that is a grand word because it means you've come through it, you're beyond it, it's behind you. It's history! Hot Diggy Dog, That's a major mile stone which I am so grateful for.

Coming through Hep C has changed me inside and out. I will never be the same again. There have been gains and losses, highs and lows, but through it all, there as been many Hep C victories.

I am close to my 4 year Mile Marker from being cured from Hep C, it's hard to believe. I feel I can't celebrate the future without celebrating some Hep C history, my history on my last Hep C treatment journey.

As I look back on Day 69 of my Hep C treatment, I stopped in my tracks. The scripture I was holding onto during that time has come full circle. Here's why,

"I am still confident of this: I will see the goodness of the Lord in the land of the living. Wait for the Lord; be strong and take heart and wait for the Lord." Psalm 27:13-14

The Lord has brought me through this long dark journey and reminded me of His goodness and faithfulness. This journey will serve me all of my life. We can live in hope each day, because of Christ. I am so thankful.

Join me in celebrating the journey as I look back 3 ½ years ago at my last Hep C treatment.

"Today is day 69 of week 9 on triple therapy treatment for Hepatitis C. Today brings much to celebrate. First, I have exciting news of my blood work from day 66, it showed my ALT and AST (main liver enzymes) were in NORMAL limits!! That is very good news, and it continues to show great promise with this Hep C treatment.

My hemoglobin is still low but has improved since my last test. The one fly in the ointment is my white blood count, which is very low. I continue to be anemic. My doctor has cautioned me not to

get around too many people right now in order not to catch something. But I have high hopes my blood work will improve.

Hep C giant killing is still in progress. I continue to wear my T-shirt, Hep C lives with Me, I don't live with it!

Here's my message to the Hep C virus, "You can run but you can't hide. Your number is up. Your bags are packed. You do not rule my life. You're Toast!" Take that! Sorry, I just felt like saying that. Sometimes you have to tell your enemy they stink.

I am celebrating because there is progress being made all over the place. On my morning walk, I went just a little further today. Hooray! It wasn't far but it was further. It made me feel like skipping and throwing confetti in the air. Ok, I didn't actually skip and throw confetti, but I was doing it in my head and I was having a blast!

My energy level continues to increase daily and blood work is improving. Woo Hoo! What a glorious day. Thank you God for these great blessings!

Thank you God for allowing me to see the goodness of the Lord in the land of the living, (Psalm 27:13). I Praise You for all you're doing, even those things which I cannot see. Thank you for Hep C victories of all sizes.

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