Hepatitis Awareness Month

April 30, 2013 By Lucinda K. Porter RN

Never doubt that a small group of thoughtful, committed citizens can change the world. Indeed, it is the only thing that ever has. ~ Margaret Mead

Tomorrow is the first day of Hepatitis Awareness Month. My commitment is to do at least one daily action to raise awareness about hepatitis C. I am hoping you will join me today and throughout this month, as we bring hepatitis C to its proverbial little virus knees. Together, we can change the world.

If you are wondering what you have to offer, consider this, "Anyone who thinks that they are too small to make a difference has never tried to fall asleep with a mosquito in the room." (attributed to multiple sources)

For ideas on what you can do, visit the Centers for Disease Control and Prevention.

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