Hepatitis C and Cirrhosis

July 25, 2019 By Greg Jefferys

There are many myths and misunderstandings about Hepatitis C induced liver cirrhosis, even amongst doctors. One of the worst myths is that Hep C caused cirrhosis is irreversible. This is a total nonsense, which, unfortunately, many doctors believe as a fact.

The reality is that cirrhosis caused by Hep C is almost always reversible. Almost every day I hear from someone whose cirrhosis caused by Hep C had completely healed and they had gone from a Fibrosis score of F4 to F1 or F0.

As an example here is an email I received today:

From: ######
Sent: Saturday, 13 July 2019 5:13 AM
To: greg jefferys
Subject: Fwd: Re.jpeg

Hello dear Greg,

Congratulations on your Fibroscan Results!!!

My best friend of over 30 years has Hep C, 1a. Viral load 6.8 million

The Gastro Dr just called her and said Fibroscan Kpa of 18.4, she has cirrhosis and it cannot be reversed. I disagree. Below is her report.

If she cannot qualify for GILEAD support, she will be in need of your wonderful Buyers Club.

Being told her cirrhosis is incurable seems incorrect.

Your opinion would be greatly appreciated.

Sincere gratitude for the amazing work you do,

########

My Reply

Hi ###,

Time for your best friend to get a new doctor… one who knows what he is talking about!!!

Of course cirrhosis caused by Hep C can be completely reversed. My cirrhosis level was very close to your friend’s and as you know I no longer have cirrhosis.

I know people whose score was double your friend’s score and who are now F0.

Your friend should read the link below

best wishes

Greg

My Hep C Cirrhosis Story

You may wonder how I can speak with so much authority on this subject of Hep C and cirrhosis? Me against a gastroenterologist? Me, not a doctor against a specialist? The answer is simple, because I am speaking from personal experience. Before I started treatment I had liver cirrhosis caused by Hep C.

Immediately before starting treatment my Fibroscan score was 15.5 kPa, or F4. My liver was a mess, full of scar tissue… stiff as a board.

Click here to see a copy of my Fibroscan report from May 2015 followed by my Fibroscan report of July 2019. As you see, my Fibrosis score has dropped from 15.5 kPa to 6.4 kPa. Or from a liver fibrosis level of F4 to F0.

So how can anyone claim that Hep C induced cirrhosis of the liver is irreversible?

I will finish this rant with a nice story a doctor friend of mine wrote on my Facebook page today.

A wise old gastroenterologist once said to me, “Our job is not to heal, it’s to remove the impediments to healing and let the body do its natural thing.”

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