



# Hepatitis C: Getting by With Help From my Friends

October 9, 2017 By [Lucinda K. Porter RN](#)

---

I love the Beatles song lyric, “I get by with a little help from my friends.” That has been my approach to hepatitis C. I get by with help from my friends, and I am completely dependent on the AASLD/IDSA’s [HCV Guidelines](#). The Guidelines were recently updated, and if you haven’t looked at them recently, I recommend checking them out.

The latest version of the guidance includes several important developments, including the recent approvals of Mavyret (glecaprevir/pibrentasvir) and Vosevi sofosbuvir/velpatasvir/voxilaprevir. There is also a hepatitis C virus (HCV) resistance primer and information about management of kidney transplant patients with hepatitis C. The Guidelines also discuss HCV in pregnancy and in children. The references have been updated in the guidelines.

Hep summarizes the key points of the HCV Guidelines in an easy-to-use chart. [Click here](#) for links to more information.

---

© 2026 Smart + Strong All Rights Reserved.

<http://beta.docker.hepmag.com/blog/hepatitis-c-getting-help-friends>