



Hepatitis C Support

When I first learned that I had hep C in 2014 I knew nothing about the illness, but I found support forums and groups by going online.

December 3, 2020 By [Greg Jefferys](#)

One of the most important things for people who have hep C is to find a hep C support group that will help them through the shock of learning they have hep C through to getting treatment and then into the post-treatment, post-hep C, recovery phase.

This became clear to me when I first learned that I had hep C in 2014. I knew nothing about hep C, nothing at all. My doctor knew a little more than me, enough to get me tested, but, whilst he was a good doctor his knowledge of hep C was pretty limited and, in some cases, completely wrong.

So I went online to look for information and soon found that there were online hep C support forums and hep C support groups on Facebook.

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<http://beta.docker.hepmag.com/blog/hepatitis-c-support>