



What Do You Know About the Liver?

October 3, 2016 By [Lucinda K. Porter RN](#)

October is Liver Awareness Month. How much do you know about the liver? Try your hand at this quiz (the answers are at the bottom):

1. The liver is about the size of:

- a) a grapefruit
- b) a plum
- c) a baseball
- d) a football
- e) a bread box

2. The liver has over:

- a) 100 functions
- b) 250 functions
- c) 500 functions
- d) 1000 functions
- e) 5000 functions

3. The liver synthesizes (builds) several necessary components. These include:

- a) proteins
- b) hormones
- c) clotting factors
- d) immune factors
- e) all of the above

4. The liver regulates the production, storage, and release of:

- a) sugar
- b) fats

- c) cholesterol
- d) all of the above
- e) sugar and cholesterol, but not fat

5. The liver contains an intricate system of arteries, veins and capillaries. On average, how much blood flows through the liver every minute:

- a) a cup and a half
- b) a pint
- c) a pint and a half
- d) a quart and a half
- e) Half a gallon

6. Where does liver cancer rank in cause of death from cancer in the world.

- a) First
- b) Second
- c) Third
- d) Fourth
- e) Fifth

7. In the U.S., people from what race/ethnic groups have the highest rates of liver cancer?

- a) Asian Americans/Pacific Islanders
- b) American Indians/Alaska Natives
- c) Latinos
- d) African Americans
- e) White, non-Latino Americans.

8. Severe scarring of the liver is called cirrhosis. Symptoms of severe, or decompensated cirrhosis include:

- a) portal hypertension (high blood pressure in the liver vessels)
- b) varices (stretched and weakened blood vessels) in the esophagus, stomach and other organs of the gastrointestinal system, and internal bleeding.
- c) ascites (fluid accumulation in the abdomen)
- d) hepatic encephalopathy (a type of dementia caused by build-up of toxins and metabolic byproducts, such as ammonia)
- e) all of the above

Hope you passed! For more information about the liver and hepatitis, [visit the HEP web site](#).

Answers:

1. d, 2. c, 3. e, 4. d, 5. d, 6.b, 7. a, 8. e

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<http://beta.docker.hepmag.com/blog/know-liver>