Show the Face of Hepatitis C

May 29, 2015 By Lucinda K. Porter RN

In observance of Hepatitis Awareness Month, in May I am posting to this blog daily, suggesting ways to help raise awareness about issues surrounding hepatitis C.

One of the most effective ways to increase hepatitis C awareness is to tell your story. Telling your story puts by a face on hep C, and in doing so, we defy stigma. Earlier in the month I mentioned the value of Hep Stories. How about take this opportunity a step further, and share your story on YouTube or StoryCorps.

Since 2003, over 50,000 people have shared life stories with family and friends through StoryCorps. Each conversation is recorded on a free CD to share, and is preserved at the Library of Congress. StoryCorps has made it easy to record your story for those with iPhones or androids. The StoryCorps app gives easy to follow directions on how you can preserve your story.

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