



Work Hepatitis C in to Conversations

May 24, 2015 By [Lucinda K. Porter RN](#)

In observance of Hepatitis Awareness Month, in May I am posting to this blog daily, suggesting ways to help raise awareness about issues surrounding hepatitis C.

 To raise hepatitis C awareness, work the topic of hepatitis C in to conversations. I do this by playing a game I made up called, "Six-degrees of hepatitis C." It's based on the concept of six degrees of separation, which is the theory that a chain of "a friend of a friend" statements can be made to connect any two people in a maximum of six steps. Instead, when I meet someone for the first time, I try to work hepatitis C in to the conversation in six sentences or less. It is surprisingly easy, and fun to do.

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